



'ONE NEWTON'

ISSUE 6 2019

Spring is on its way and there's lots happening in Newton...

Welcome to the first 'One Newton' of 2019 and I hope you enjoy it!

- You'll find regular updates from Newton Parish Council, Farmer James Fisher and our local mind and body experts, Karen and Kevin Green
- I had a recent knock on the door from long-term Newton resident and keen bird watcher, John Clarke, who wanted to share a pretty impressive list of the many different species of birds he's spotted in and around Newton. For those of you who like to see our feathered friends, you'll also find some helpful hints and tips on how to encourage them into your garden
- Plans for the phase II development of new homes and much-needed local amenities on the former RAF site are gathering pace with Redrow Homes
- Rushcliffe Borough Council is actively promoting their 'Become a Councillor' campaign and you'll find an article from them in this edition
- Another local resident and Parish Councillor, Janet Dobson, shares some of the highlights and photographs from her recent trip to Ethiopia
- Also, 2 years in and the ever increasing popularity of 'One Newton' has secured us a few new small business owners who are pleased to advertise their services locally and in doing so, are helping to fund our current printing costs – My sincere thanks to you all!

Newsletter distribution

Remember, if you still receive your newsletter through the letterbox you can help us to reduce printing costs and benefit the environment! If you have an email address, sign up to receive your newsletter via email or view it online:

- Email – We just need your email address and the first line of your Newton address (don't forget to add the newtonnottingham@outlook.com email address to your safe senders list) or,
- Read the copy published on the Newton Parish Council website at www.newtonparishcouncil.com or access it via the Newton Parish Council Facebook page

Feedback & content

If you have constructive feedback or would like to provide an article for a future edition, please do get in touch – I'm keen to vary the content to maintain our readership!

****Deadline for next edition – 24th June 2019****

Here's how to make contact:

Telephone: 01949 21133

Email: newtonnottingham@outlook.com

Post: 15 Dakota Road, Newton, NG13 8ZY

With best wishes, Yvonne Stephenson, Editor





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What's happening at Newton House Farm?

Winter came, went away completely and now it's cooled right down again, but still it's exceptionally mild. The old saying, March comes 'in like a lamb out like a lion' hopefully will not happen this year although nature has a wonderful way of correcting itself. The mild dry winter has been a saviour to livestock farmers who were going into the winter after a very dry summer with a shortage of food in their stores. Many animals have not needed to be housed and the grass has kept growing so the problem of winter feeding has not been as serious as predicted.

As I've said before, winter is a quieter time on an arable farm and is used for general maintenance of machinery and hedge trimming. We are not permitted to cut hedges in the summer months to protect nesting birds.

You might not know this but all our fields along with every single field in Europe has a unique number based on Ordnance Survey data. This is for audit and traceability purposes and most farmers use names for each of their fields for ease of management. We recently employed a new member of staff and it highlighted that we have 46 such names, all of which our new employee will need to learn quickly! Here are some examples:

Field Name	How it Earned its Name
Willow Gap (Field No. SK6941 3542)	Historically there was a line of willow trees with a gap where several trees died
100 Acres	You've guessed it- This field was originally 100 acres in size (even on old maps). It's now split in two by the new A46 so it has become Top 100 Acres and Bottom 100 Acres, neither of which are 100 acres in size any longer!
Oliver's Hole	There is an old clay pit where Oliver Cromwell is reputed to have placed his cannon in the siege of Shelford Manor
Buggins	This field was owned 100 years ago by a Mr Buggins
Mill Field	The old Newton windmill originally stood in this field and the remains can still be seen in the corner of the field on the right as you leave Newton towards Radcliffe on Trent
The D.F	This was where a shed containing a Direction Finder which was used in the war once stood
Toll Bar	There was once a toll house here, beside the A46
McDonald's	The creation of a dual carriageway on the A46 gave us a new field owned by the Crown Estates, so named as, rightly or wrongly, we think it looks like a prime site for a McDonald's or a service station if there is further development in the area in the future!

Sadly, many field names have been lost with the new housing development in Bingham, including **Buggins, Bingham Road, Eight Acre, Overdyke, The Railway and The Bungalow**. All the woods have names too:

Wood	How it Earned its Name
Jubilee	Presumably planted to commemorate Queen Victoria's Jubilee celebrations
No Joke	Years ago there was a sign at the edge of this wood saying 'Man Traps, Keep Out' and underneath it read 'This is no joke'
Johnson's Oak	A wood of 60 oak trees which we planted in the year 2000 to honour a gentleman who worked for our family for 60 years



If 'One Newton' readers are interested, there is a large map in Shelford church which was created for the Millennium Year. The map documents names of the fields, roads and houses in that year. Nineteen years later and some names have already changed!

Regards, Farmer Fisher



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A Look at Newton's Wildlife...

Have you ever wondered about our feathered friends in and around our lovely rural village? Well, aside from the family of geese at Newton House Farm who have been wandering the village quite a bit lately, local resident John Clarke has built up a long list of sightings!

Having lived in Newton since 1999, John is a keen birdwatcher and recently shared a list of all the birds he has spotted in and around his garden over the years as he thought it might be of interest to 'One Newton' readers.

We've certainly seen many of them in the 5 years since we moved to Newton. The Green Woodpecker tapping away at one of the trees in the woodland behind the balancing pond in the springtime is one of my personal favourites!

How many of those listed below have you spotted?

Blackbird	Black Redstart	Blue Tit	Bullfinch	Brambling	Chaffinch
Coal Tit	Collared Dove	Crow	Dunnock	Fieldfare	Goldcrest
Goldfinch	Great Spotted Woodpecker	Great Tit	Greenfinch	Green Woodpecker	Grey Partridge
Grey Wagtail	Heron	House Martin	House Sparrow	Jackdaw	Jay
Lesser Whitethroat	Linnet	Little Owl	Long Tailed Tit	Magpie	Mistle Thrush
Nuthatch	Pheasant	Pied Wagtail	Red Kite	Redpoll	Redwing
Reed Bunting	Robin	Siskin	Song Thrush	Sparrow Hawk	Starling
Swallow	Swift	Tawny Owl	Tree Creeper	Tree Sparrow	Wood Pigeon
Wren	Yellowhammer				



Green Woodpecker



Nuthatch



Tawny Owl

Frequently Asked Questions about Looking after the Birds that visit your Garden

What food is best?

Well, different birds need different foods to sustain them and if you supply a variety of food then you are more likely to attract many species. Household scraps such as pastry, cooked rice and breadcrumbs are enjoyed by many garden birds. Fruit, especially bruised apples and pears, is popular with thrushes and blackbirds.

If you are buying bird food, try to get a good mix of peanuts, seeds and live food such as mealworms and waxworms so that you something to offer the different species of birds. A good ready-made mix should contain sunflower seeds, broken peanuts, flaked maize and smaller seeds such as millet, which is perfect!... (Continued)



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FAQs about Looking after the Birds that Visit your Garden

What are the best foods to put out for birds during the cold winter weather?

During cold spells a steady supply of food can be vital to our feathered visitors. Be sure to put out food and water on a regular basis and in severe weather, feed twice daily if possible, in the morning and the early afternoon.

Specially made bird cakes are great due to their high-fat content, as are peanuts. Bird seed mixes are also high in oils. You can also feed kitchen scraps, such as fat and suet, mild grated cheese, cooked potatoes, pastry and dried fruit.

Can I put out salted peanuts for the birds?

NO! The majority of garden birds cannot process salt and will die if they are given too much. It's best to avoid offering them any foods that contain high levels of salt, such as salted peanuts, salty bacon, chips and crisps.

Is it okay to feed peanuts to birds during the breeding season?

Make sure you only put out peanuts in metal mesh feeders during the breeding season so that birds cannot take whole nuts, which can choke young birds. It is also important not to use nylon mesh bags, as birds can trap their feet in these.

Are mealworms a good source of food for birds?

Mealworms are full of nutrition and are excellent for insect-eating birds such as robins, blue tits, wrens and pied wagtails. You can feed them to the birds all year round and, in very cold or dry weather when birds struggle to find worms, insects and spiders in hard ground, mealworms make a great alternative!

Where is the best place to put a bird table in my garden?

Bird tables should be placed where the birds are safe and able to feed undisturbed. Avoid putting them near fences or dense hedges, where cats can easily get to them. If there is a small bush nearby, birds often use this as a look-out point to make sure it is safe to feed. Don't forget to make sure your bird table is visible from a window too so you can enjoy watching the birds and identifying the different species!

What can I use to treat a bird table?

It is best if you leave a bird table untreated. However, it will last longer if you treat it. Water-based preservatives are less toxic and will not affect the food you put out. The preservative **MUST** be thoroughly dry before you use the table for feeding.

Should I supply drinking water for my garden birds?

YES! Birds enjoy a regular supply of clean, fresh water to drink and bathe in. This is particularly important during the winter or during prolonged dry weather when their natural water sources may be frozen or limited. Shallow containers, like dustbin lids or plant saucers, are ideal. Make sure you clean them regularly to prevent diseases from spreading.

Why do the birds suddenly vanish from my garden during the summer months?

In late summer, they are nearing the end of a period of hectic activity, the breeding season. So unless you are finding lots of dead or sick birds, then there is really nothing to worry about.

Many birds will go through a moulting period to renew their worn or juvenile plumage. Whilst losing their flight feathers, birds can be vulnerable, so choose to conceal themselves from potential predators.

They seldom sing, and no longer need to defend territory, so seem to disappear. Late summer and early autumn is also a time of plenty for birds. Their natural food supply is abundant. Birds will move from their breeding areas into farmland, orchards or woodland for instance, to feed on grain, berries and the seed from weeds and other shrubs.

They can be absent from gardens until the first autumn frosts so late summer is the perfect opportunity to clean feeders and bird tables, ready for their return. A 10% disinfectant solution is suitable but be sure to thoroughly rinse any feeders before using them again.

Find out more about our British birds, top wildlife tips and details about fun days out for schools and families at www.rspb.org.uk.



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That's not where the pain is!

We often hear this when treating a client with pain, but often, the pain you are experiencing is not the root cause, and the symptoms can be a result of trauma much further away. The pain in your foot might be coming from your neck, for example, or the tingling in your toes from your lower back.

But, it's not just a physical problem that can cause pain either! Emotions can create a whole host of uncomfortable symptoms where seemingly no physical reason is apparent.

During an initial consultation with us, as well as taking a thorough medical history, we also ask about the client as a person. Not because we're nosey, but because your life and who's in it, your job, hobbies and relationships all affect you and make you who you are and what you experience.

Here's a case in point...

I once had a client with intermittent back pain, necessitating a lot of time off work. On examination, the musculature was extremely hard around the client's lower back, extending up to the neck. After a few sessions of hands-on treatments, it disappeared. The problem was it kept returning, so I felt it was time to change tactics.

At our next session, with careful questioning, it became apparent that this man really did not like his job at all... In fact, he hated it! It was a step down from what he was qualified to do, he was not doing the job he was passionate about, he was not feeling fulfilled and he was not feeling proud of himself. The job wasn't that well-paid either and he felt like he was letting his family down, he was struggling financially, felt ashamed and hadn't told his family. He actually said, "I'm breaking my back to earn a living!"

After our chat and discussing some ideas, the first thing he did was to tell his family the truth, which was a huge weight off his back! He had so much support from them and they encouraged him to return to studying and do a short course in his preferred field to top up the skills he already had. Within six months, he found a job he loved and began to sort out his finances. Consequently I have not treated him for back pain since!

There are many causes of pain but never underestimate how emotional ones can manifest.

Here are 8 ways to help if you are in pain...

1. You probably already know what's causing the pain if you allow yourself quiet time
2. Don't get so stuck in your "busy-ness" that you forget to look after yourself
3. Be more body/mind aware - Take up Yoga or Tai-Chi, Mindfulness / meditation, dancing or walking
4. Admit the truth to those around you - Things are better out in the open and this in itself will bring some relief
5. Do what lights you up and feels "right" for you - Follow your passion and dreams
6. Make time for fun - Laughter is great for pain, it releases those feel-good endorphins
7. Take action to resolve the problem before it gets chronic - Don't ignore that little "niggle"
8. Seek professional help



If you would like to talk to somebody, we are experts in the field of mind and body health. We offer 1-to-1 consultations and group classes and are very happy to have an initial chat with you to see how we might help and what works best for you.

We are offering Newton residents £10 off your first appointment or you can try one of our classes for free. See our timetable at www.mabconsultants.co.uk/yoga.

Please contact Karen or Kevin on **01949 829311** or email on info@mabconsultants.co.uk.



**MIND & BODY
CONSULTANTS**



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Newton Parish Council News

Draft minutes from the March meeting are available to view on the Parish Council website at www.newtonparishcouncil.com, via a link on our Facebook page and also posted on the village noticeboards.

Residents are welcome to attend these monthly meetings and there is an open session early in the agenda when members of the public are invited to raise matters of interest, so please do come along when you can!

Next meeting: Tuesday 2nd April 2019 at 7.30pm

(Schedule for all 2019 meetings available on the website)

**Venue: Newton 1936 Squadron, ATC Building, Trenchard Close,
Newton, NG13 8HA**



Interactive speed cameras for Newton...

Work has started on the installation of an interactive speed camera on Wellington Avenue, with two more due to be installed on Main Street this spring!

In the meantime, residents of Newton are enjoying seeing the family of geese from Newton House Farm wandering a little further afield than normal in recent weeks, which they are apparently prone to doing during the mating season – A bit of rural 'traffic calming' to encourage motorists to ease off the accelerator won't hurt anyone so please drive carefully!

Important Note: Newton's Defibrillator has been relocated!

Building 61 (the current Security Office on Wellington Avenue) is due to be demolished in the coming weeks as part of the current works and it has therefore been necessary for the Parish Council to have Newton's defibrillator sited elsewhere.

The defibrillator is now fixed to the external wall of the ATC building (where the cadets meet) and is clearly visible just off Trenchard Close on the left at the top of Wellington Avenue.

On telephoning 999 in an emergency to obtain the access code, the device then operates with clear audio and visual commands and is designed to be simple to use by the layperson.



Great turnout for Redrow Homes' exhibition!

Councillors were delighted to see so many parishioners at the recent event hosted by Redrow. Read their special feature in this edition of One Newton to find out more about what's to come...

Disclaimer

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It does not necessarily reflect the opinion or policies of the Parish Council or its members.

Newton Parish Council is also not responsible for any use made of the information contained herein.



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Newton Parish Council Brings Glass Waste Recycling to the Village!

For those who haven't discovered them yet, three large glass recycling bins were delivered at the end of January and can be found on the hard standing on the right hand side at the top of Wellington Avenue (just across from the ATC Building). As the Phase II development evolves, the bins may be relocated to a more permanent recycling area in central Newton in the future but we'll keep you posted.

The bins are emptied weekly by Rushcliffe's appointed glass recycling contractors.

* * * * *



A big 'Thank You' from Redrow Homes East Midlands to those who attended our recent planning exhibition!

Wednesday 27th February saw myself and colleagues, Sarah Allsop and Clayton Penny, host a public exhibition for Newton residents and stakeholders at Building 61 on the former RAF Newton site.

Redrow Homes East Midlands is currently in the process of securing land for the development of the Phase II homes and amenities. Outline planning has already been granted and the Section 106 Agreement was signed in September 2018. The Section 106 is a legally binding document between the Developer and Local Planning Authority which outlines planning obligations – For example the number of homes to be built, local amenities to be provided, areas to be designated for public open space and any other requirements to facilitate the development.

The exhibition gave residents the opportunity to view the masterplan and listen to our proposals for the development, to ask questions and express their feedback ahead of the detailed planning application which we are due to submit to Rushcliffe Borough Council in the next month or so.

These are exciting times for Newton as the village grows to welcome new residents and a number of much-needed amenities, including 550 houses, a primary school and a village hall.

It is anticipated that building works will commence in spring 2020 and one of our first major tasks will be to reposition and reconstruct the existing Commercial Road so that it is slightly further away from Firefly Close on the Phase I development. To minimise disruption in the existing village centre, all construction traffic will use this new road to enter and exit the site from the outset.

Redrow Homes aims to build thriving communities, by valuing people and building responsibly.

We look forward to engaging further with the community as our planning and building works progress.

With Kind Regards,

Alex Kenny,

Technical Director – Redrow Homes East Midlands





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Janet's Trip to Ethiopia...

Newton resident and Parish Councillor, **Janet Dobson** has the good fortune of having a niece currently living in Ethiopia with her husband. So, with no further excuse needed, Janet and her sister decided to take a 10-day trip there last month! Anybody have a trip to Ethiopia on their bucket list? Read on...Over to you Janet!

My sister and I last took a trip to Ethiopia in 2015 when we visited our cousin who had taken a 3 year teaching post there. Back then, we visited the Bahir Dah (capital city of the Amhara Regional State), Lalibela (famous for its rock-cut monolithic churches) and Axum or Aksum as it was once known (site of the historic capital of the Kingdom of Aksum).

This time, we chose to explore new places and spent the first day settling in, acclimatising to the lovely warm weather and the altitude. Addis Ababa, the capital, is over 2000ft above sea level which also means there are no mosquitos! Within the embassy compound the flowers and trees are just beautiful and there are also giant tortoises and a troop of monkeys in residence. The first weekend we drove for about an hour south east of Addis Ababa to Bishoftu (formerly known as Debre Zeyit) where we enjoyed lunch overlooking one of five volcanic lakes, saw pelicans and also visited a shopping area selling local crafts and goods. Sunday's outing was to 'Baz-unch' where they serve brunch with live music and showcase local crafts people and their wares. So of course I bought a few baskets and some pottery!



On Monday, we took an internal flight to Arba Minch, about an hour's flight south. Our hotel, Paradise Lodge, was set on the hill with stunning views over Nechisar National Park, Lake Chamo and Lake Abaye.

We had booked a guide and over the two days we walked through the woods to a natural spring, went on a boat trip where we were privileged to see families of hippos swimming and also rather a lot of crocodiles! There were storks, fish eagles and herons, too.



We also visited a village up in the hills, travelling a steep rough road with lots of hairpin bends. We were treated to a fascinating taste of village life with the locals and much singing and dancing ensued.

Mealtimes were spent on the open terrace enjoying the many storks floating past on the wind thermals. There were also two families of resident warthogs in the grounds who spent much of their time sleeping!

Back in Addis Ababa, we visited the Ethnological Museum, a workers co-operative including basket weaving, cloth weaving, jewellery making and a shop to sell the goods at a fair price.

The final weekend was spent in the walled city of Harar in the east, you've guessed it... about an hour's flight! Harar is a labyrinth of pedestrian alleyways with only 3 roads where traffic is permitted. It is a World Heritage Site so no major alterations or building is allowed either. We stayed in a traditional guesthouse filled with charm and culture...



During a walking tour of Harar, we visited Sewing Machine Sound Street, a coffee roasting house, local museums and mosques, the spice market and the meat market where black kites swooped down to take the meat from an outstretched palm! For me, one of the highlights was feeding the hyenas in the evening. The locals whistle for them to come for food and we were able to sit with a piece of meat on a stick and the hyenas would approach and take the food. It was an incredible experience to be so close to these wild animals and yet, they are not as tame as you might think. This particular species of hyena are not hunters, meaning they only feed on dead meat. They live up in the hills and choose to come for some food, wandering the streets of Harar through the night, cleaning up the streets! The locals are very happy to have them in the city and regard them with the greatest of respect for the service they provide...(Continued)



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During my time in Ethiopia, I was escorted across a horrendously busy road by a priest from the north and blessed by another Christian Orthodox priest in full regalia on the plane to Harer. I was coaxed over to a market stall and wrapped in a traditional scarf whilst the delightful stall holder modelled my sunhat! I was approached by many young people who wanted their photo taken and two little girls came over with their father to speak to us. Also an Imam decided to spontaneously deliver a talk on the history of Harar... 'Why me?' I wondered... I can only assume it is my silver hair which is rather unusual in Ethiopia! Regardless, I always smiled, the people were so friendly and just about everyone smiled back! Ethiopia really is a fascinating country and I wholeheartedly recommend it as a place to see and experience. Though it is developing and changing daily, it is still a country full of people who struggle daily and I really do hope to return one day.

Ameseginalehu! Which means 'thank you' in Amharic (Ethiopian).

Happy travels & best wishes, Janet Dobson



Rushcliffe Borough Council Invites Newton Parishioners to Find out More About Becoming a Parish Councillor in 2019...

Town and Parish Council elections are fast approaching on 2nd May and if you're interested in playing a more active role in the decisions that impact Newton, you can apply for a Nomination Pack by emailing RBC's Elections Team at elections@rushcliffe.gov.uk or calling then on **0115 914 8515**.

The authority oversees Parish and Town Council elections every four years and are actively appealing for more people across the Borough to stand and represent their fellow parishioners and key stakeholders in their local area. It really is your chance to help shape where you live by representing your family, friends and neighbours on your local Parish Council!



There are 351 seats to fill across Rushcliffe's towns & villages!

Standing as a Councillor and completing the relevant paperwork is pretty straightforward. Interested candidates can request a Nomination Pack during March which includes instructions on how to fill out the various forms. It doesn't take long and, once completed, candidates must submit the following documents in person, by appointment at the Rushcliffe Arena in West Bridgford between 18th March and 3rd April (no later than 4pm):

- Nomination Paper; Home Address Form; Consent to Nomination
- Certificate of Authorisation (applicable only if standing on behalf of a registered party)

Returning Officer & Council Chief Executive, Allen Graham said – "Standing as a Parish Councillor can help you change your community for the better. Age or experience is not important, if you are over 18 you can represent your local community. You don't have to be a member of a political party and can stand as an independent candidate. If there is a particular local issue you feel passionate about, why not stand? You might also like to be more actively involved in hosting and co-ordinating community events and celebrations. Being a Town or Parish Councillor can be a great way to help shape your wider community's activities and initiatives, uniting people to achieve more..."



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Here's some 2019 Dates for your Diary! ...



Monthly meetings are on the 1st Thursday in the month from 7.30pm – **Newcomers welcome!**

Venue: Shelford Village Hall, Church Street, Shelford, NG12 1EN

Website: www.shelfordwi.weebly.com

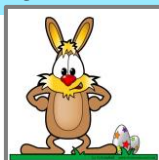
Email: shelfordwinotts@gmail.com

Next speaker on April 7th is Barbara Deavin on 'My Life in Stronsay'

Newton's Great Easter Egg Hunt returns!

ALL are welcome on **Saturday 20th April!**

Starting at **10.30am** from the **Oak circle just off Anson Road!**



Don't forget to sign up your children for this years' Easter Egg Hunt!

KIDS please bring along a decorated egg or basket for collecting your eggs on the day!

GROWN UPS bring your own mug as we'll be serving tea and coffee!

THE EASTER BUNNY IS SEEKING EGG DONATIONS!

Please supply one small pack of foil wrapped eggs per child and drop these off in advance at your nearest Easter Bunny HQ (16 Battle Close, 34 Anson Road or 32 Trenchard Close)

Right up your StreetFest 2019!

The StreetFest team is hard at work finalising the arrangements for this years' event on Saturday 22nd June. Last year was a great success and we hope to have your support once more! A StreetFest flyer will be coming through your letterbox soon and the team will be out and about in Newton selling tickets shortly thereafter. We've got another great line-up of activities, catering and entertainment again this year so please give this great community event in Newton your support! If you'd like to assist by selling entry tickets in advance or if you can offer some help on the day itself, then please let us know by contacting the One Newton Editor.



StreetFest 2019 is pleased to Support 'Notts Type 1 Diabetes Kidz'!

Remember the very lucky Jo Barlow and her son, Oliver, who won a hot air balloon ride for two in last years' charity StreetFest raffle? Well, we aim to offer some more fabulous prizes again this year!

All raffle proceeds this year will go to '**Notts Type 1 Diabetes Kidz**' a local support group which brings together children diagnosed with Type 1 diabetes and their families.

Teen Newton resident, Enya Orridge lives with her parents, Spencer and Sarah and younger sister Lola. Enya (pictured left and below, with Lola) was diagnosed with Type 1 just before she turned 7 years old. As a family, Sarah said how isolated she and Spencer felt back then. They were approached by Notts Type 1 Diabetes Kidz, attended a Christmas get together and haven't looked back!

Now 13, Enya certainly lives life to the full! Spencer and Sarah play an active role in the group, helping to raise funds for camping trips, days out and other fun activities. Notts Type 1 Diabetes Kidz actively welcomes newly diagnosed families so that they don't feel that they need to cope alone.

StreetFest 2019 is delighted to get behind such a worthy local cause, so please treat yourselves to some raffle tickets on the day and show your support!



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East Bridgford St Peter's CE Academy Pre-School

Kneeton Road, East Bridgford, Notts NG13 8PG

Tel. (01949) 20226. Email eb.stp.preschool@st-peters.notts.sch.uk



Providers of high quality childcare and education for children aged between 3 years to school age in a safe, caring & stimulating environment

Pre-school sessions available (term time)

8.30am – 11.30am (3hr morning session)

Optional add on 11.30am – 12.30pm (lunch club)

8.30am – 3.30pm (full day including lunch club)

Nursery Education Funding (15 or 30hrs) for 3 & 4 year olds available

Full day wrap around care (including school holidays/inset days) available in conjunction with onsite Out of School Club

Contact the Pre-School Leader by telephone or email for more information, to arrange an appointment to look around or to register a place for your child.

Vara Nail Boutique Based in Newton



**Mobile service also available!
Call Helen Vara on 07929 199368**



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