

Newton Community Sports & Wellbeing Day!



Newton Community Sports & Wellbeing Day

What's this?

A fun-packed community event, organised by our community, for our community

(Oh and by the way grown-ups, it's NOT just for children!)

When is it taking place?

Saturday 12th September 2020 – 11am until 5pm

(back-up date is 19th September in the event of foul weather!)

Where?

**The public open space in Newton
(circa 4 acres surrounding the Kestrel Play Area!)**



The strange and at times stressful, situation we all find ourselves in this year has certainly encouraged many of us to stop and take stock!

So, the Newton Community Group has been busy coming up with event ideas that help bring the community together and, with your support, we can deliver these safely and in line with COVID-19 restrictions and social distancing guidelines.

See over the page for details of what we have planned, and the Newton Community Group looks forward to seeing you there!



Newton Community Sports & Wellbeing Day!

Saturday 12th September 2020 - 11am until 5pm

(don't forget our back-up date is 19th September in the event of very wet weather, although we won't be put off by the odd shower!)

Event open to all Newton residents (U12's must be accompanied by an adult)

Activities so far confirmed (all outdoors) and suitable whatever your age & ability:

- **Circus skills** workshops with **Stuart 'aka Doody' Barber**
- **Football & penalty shootout**
- **Wacky races** (*scheduled event*)
- **African drumming & percussion** workshops with **Julie Wright** (*scheduled sessions*)
- **Croquet**
- **Yoga, wellbeing & Tai Chi** sessions with **Karen Green** (*different classes for ages 5-9, 12+, 16+ and 50+*). **Call Karen direct on 07775 655539 by 1st September to discuss and book any of these classes as places are limited**
- **Boules / Bocce (French or Italian style bowls!)**

Thanks to some very generous sponsorship from **COVID-19 Community Funds** made available to both **Newton Parish Council** and **Nottinghamshire County Council**, we are delighted to be able to make this event **FREE to attend** for **Newton residents!**

We have chosen a **range of activities** taking account of any **COVID-19 restrictions** on team sports, the space available and our proximity to nearby homes. We are **open to other ideas** if these can be **safely accommodated!**

Bring your **outdoor chairs, picnic blankets** (and a **gazebo** if you have one) and **pick your spot!** There's sufficient space on the green to allow good **social distancing...**

We expect people to **stay safe and act responsibly** in accordance with all COVID-19 guidelines in force at the time of this event.

Hand and equipment sanitiser will be provided at each Activity Zone.

We are actively seeking **resident volunteers** who can spare a little time on the day to ensure we can manage each **Activity Zone** safely and effectively.

Please make contact ASAP if you can assist and join us in making this event a great success for our community! If there's a particular Activity Zone that interests you, if you're able to loan some equipment or if you have other suitable activity ideas, please get in touch!

Catering:

- If you like to dine al fresco, **bring your own picnic!**

Plus, bring some cash and a card with you as ...

- **Lauren from Ginger & Blue** will be dropping by, offering her lovely selection of **specialty teas, coffees, and soft drinks** (*contactless and cash payments taken*)
- **Tony the Ice Cream Man** is also expected to pay us a visit during the afternoon (*cash only*)

How to book your free entry for this event:

- Email the name, size of your party and your activity requests to newtonnottingham@outlook.com
- Call Yvonne Stephenson with the same information on **01949 21133**
- If you are already a member of the **Newton Community Group** on Facebook, please message us